



RH introduces a task chair which is both a work tool and a business tool. RH Mereo is crafted to improve your individual performance as well as the performance of the whole workplace. It is easily adapted for everyone, whatever your size or shape. This makes it a personal chair as well as a chair for the wider office. In RH Mereo the 2PP™ principle brings active sitting to everyone. Easy adjustments are all it takes. RH Mereo fuses innovation, functionality, usability and design. Inside and out. You are invited to adjust to a perfect work mode. All day, every day.



Active sitting for one and all. Adjust to a perfect work mode





# A breakthrough in the world of task chairs. An easy adjustment for you

RH Mereo is a work tool. Improving performance for people and businesses, contributing to your achievements. This is quite a statement.

A breakthrough in the task chair market, RH Mereo lives up to all expectations. Innovation and design from every angle, all new engineering, intuitive functionality and Scandinavian quality. RH Mereo is easily fitted to meet your individual needs. Easy adjustments all it takes. RH Mereo brings active sitting to one and all. It places you in a perfect work mode.



### THE DESIGN CHALLENGE

With RH Mereo we aimed to design a task chair which gives everyone a sitting experience as if individually fitted. Giving ambitious people with long workdays the opportunity to benefit from RH's dynamic ergonomics. A contemporary chair to be shared, as often as required in today's movable workplaces. A versatile, useful chair with wide appeal. We are happy to say that we succeeded.

### ONE CHAIR FITS ALL

A small adjustment is all it takes to fit RH Mereo for any user. Whatever your size or shape. One chair fits everyone in the workplace and will bring active sitting to all. RH Mereo is tested in accordance with international standards and norms, with excellent results. It is solid, easily upgradable, durable and will improve performance at the workplace for years to come. With RH Mereo you will only need one chair.

### SEEING AND SENSING

With RH Mereo form follows function. Everything is there for a reason and has a purpose. It is all precise, logical and intuitive. Innovation and design from every angle, all new engineering and Scandinavian quality. An RH Mereo is all about seeing and sensing. Ergonomics and comfort work from the inside and show on the outside. As soon as you sit in an RH Mereo you feel what it can do.

### **EASY ADJUSTMENT**

The 2PP™ engineering of an RH Mereo creates active sitting. All you have to do is to sit down, adjust the chair to your body and enjoy smooth and frictionless movement. Backrest angle, headrest and armrests are intuitively placed. RH Mereo has dynamic ergonomics made easy and accessible. Placing you in a perfect work mode, all day, every day. Get adjusted.



### **NECKREST** Slim and functional neckrest. Easy to adjust. **FUTURE GENERATION** Efficient use of materials, **BACKREST** durable, long lifetime, EPD and GREENGUARD The Tvedt cushion between the shoulder blades stimulates certified. an open posture, increasing oxygenation of the body. **BACKREST SHAPE** Tall and narrow. A distinct waist and a curved back with a clear lumbar support. The soft curve **ARMREST** supports the whole back in an Supports neck and upright posture, giving arms and shoulders. shoulders freedom to move Easy to retro fit armrests CONTROLS User-friendly, intuitive shapes and placement. Easy to individually adjust the chair. SEAT SHAPE Waterfall seat reduces pressure on the thighs and **SEATING MECHANISM** minimises knee movement Frictionless forward and backward when tilting. Rear edge is motion. Torsion mechanism that raised to orientate the peladjusts to suit users weight. vis in the correct position. Raised base and curved arms to keep feet firmly on the floor.

## RH Mereo. A story about human centred design

RH has a mission. To bring ergonomics back into the office. Together with the worldwide renowned design agency Veryday we set out to craft a task chair that would both meet the needs of the individual and the needs of the workplace. This thorough and rewarding collaboration resulted in the fusion of functional and visual design with dynamic ergonomics. We are proud to introduce RH Mereo, a working tool and a performance tool helping you and your company to achieve goals and succeed.

### VERYDAY

With global reach, widespread and awarded designs Veryday have brought quality objects and experiences to people worldwide. They strongly believe that user-centred solutions and genuine user insights can empower and enrich daily life. Daring organisations to think differently about their products Veryday aims to push the boundaries. This approach also characterised our collaboration – challenging, rethinking, leaving nothing to chance.

### A MISSION COMPLETED

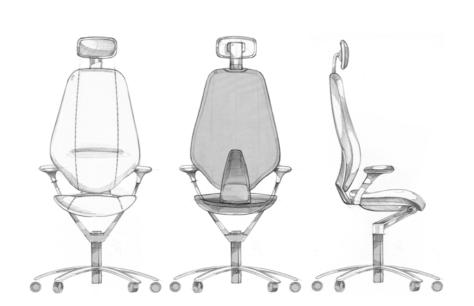
RH's mission was clear, to craft a task

chair that could bring ergonomics back into the office, to one and all. Without compromising on design impact.

A chair that would bring improved performance to everyone and mark a breakthrough in the market. Setting out in the workdays of our users we looked at understanding their needs and wishes. Veryday turned out to be the right partner in completing this mission.

### THE DESIGN PROCESS

RH Mereo is the result of a collaborative and user centred design expedition. Throughout the process its genetics and aesthetics were cultivated and refined. It manifests qualitative Scandinavian design, innovative ergonomics, visual satisfaction and environmental considerations. RH Mereo is a complete RH chair fusing usability, sophistication and true performance. A work tool contributing to the achievements of you and your business.



"Pure RH, cultivated ergonomics and RH values without a single compromise."

Joakim Ahlström, Industrial designer/Partner Ergonomidesign / Veryday



## 2PP<sup>™</sup> is active sitting

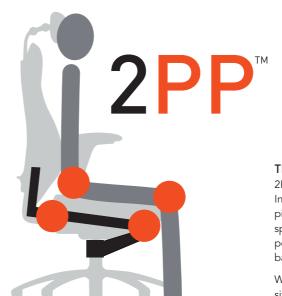
Contemporary workplaces become more and more sedentary. To endure long hours it is essential to be able to move while sitting. RH is passionate about ergonomic dynamics and active sitting. Every RH chair is equipped with high technological engineering ensuring you always sit right and move right. Keeping your breathing even, stimulating your blood circulation,empowering you with oxygen and energy. We call it 2PP™. In RH Mereo it is refined to its ultimate potential.

### MOVEMENT IS ESSENTIAL

Movement is good. It stimulates the muscles, improves concentration and endurance. Especially during long work hours. Sitting right is essential. In an RH Mereo you never lack movement, on the contrary. Comfortably sitting still in an upright posture it follows your body's natural movements, even the smallest shifts. Always providing activity, complete support and supportive relief.

### WHAT HAPPENS

RH Mereo is crafted to merge with you. Leaning forwards and backwards the small vertical movements of the seat prevents pressure on the thighs. Stimulating your blood circulation and minimising tensions. You always stay sitting in a natural upright posture with both feet firmly on the floor. A Tvedt cushion gives you a small push between the shoulder blades. This encourages you to sit with an open chest, improving oxygenation of the body. The backrest angle supports the whole back. All it takes is an easy adjustment.



### THIS IS 2PP™

2PP™ refers to two articulation points – pivot points – in your hips and knees. In RH Mereo the two action points of the chair corresponds perfectly with your pivot points. This helps the body to maintain an upright posture and the natural spine s-curve. At the same time this facilitates a varied and movable sitting position without affecting basic adjustments such as seating, armrests and back height.

With the chair's movement points located near the knee and hip joints you can sit comfortably reclined with feet on the floor and good lumbar support, not having to adjust the height of the seat or the backrest. Creating ergonomic dynamics, empowering you with oxygen and energy. Keeping you at your best. All day, every day.

### EASY ADJUSTMENT IS ALL IT TAKES TO FIT RH MEREO ACCORDING TO YOUR BODY:



Height of the chair.



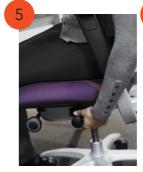
Seat depth.



Backrest angle.



Backrest height.



Unlock the dynamic tilt.



Tilt resistance.



Height of armrest.



Neckrest.

# Innovation from every angle. RH Mereo up close



FROM 40 KG TO 150 KG
7 turns is all it takes. You can easily adjust the chair to your body, whatever your size or shape.



TILT MECHANISM
RH is advanced ergonomics made easy. Intuitive adjustments fused with 2PP™ dynamics responding to your slightest movement.



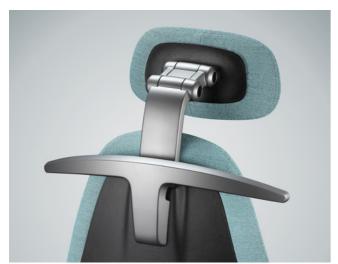
In RH Mereo form follows function, everything comes

**HEADREST**Intuitively fitted headrest for support and relief.

for a reason and with a purpose.



COAT HOOK
Unique for RH Mereo. All accessories connected to RH Mereo are unique, thought through from every innovative and visual angle.



COAT HANGER
User-friendly and purposeful design. Easy to retrofit.



BACK HEIGHT AND LUMBAR SUPPORT

Excellent support for the entire back in upright sitting posture.



CONTROLS

Intuitive and logical design. Looking at the controls you see what they can do, sitting in the chair you feel what they can do.

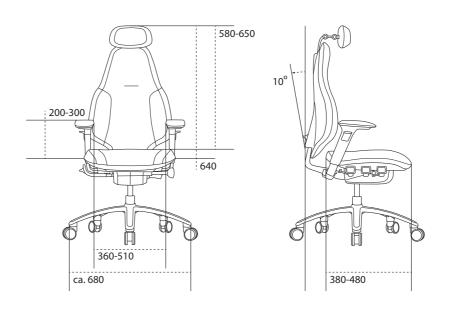


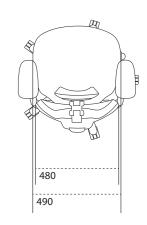
SCULPTED SEAT
RH Mereo is designed to merge with you. Excellent support, also for the pelvis. You sit in the chair, not on it.

14 15







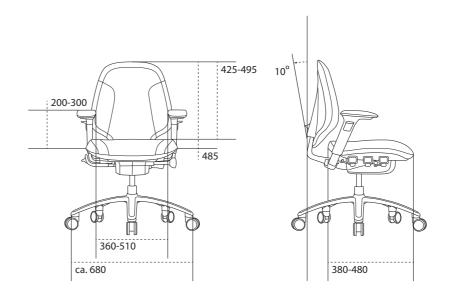


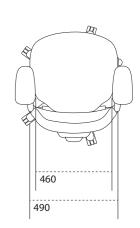
Seat depth	470 mm
Seat width	480 mm
Seat height	400-510 mm
Backrest medium width	470 mm
Backrest medium height	630 mm
Armrest height above seat	200-300 mm

16 17









Seat depth	470 mm
Seat width	480 mm
Seat height	400-510 mm
Backrest medium width	450 mm
Backrest medium height	475 mm
Armrest height above seat	200-300 mm

18



Scandinavian Business Seating owns the brands HÅG, RH and RBM and is a Scandinavian market leader in the design and manufacturing of seating for private and public office environments. Together all employees work to realise the company's vision – To make the world a better place to sit.

Scandinavian Business Seating has its head office in Oslo and production units in Røros, Norway and Nässjö, Sweden. Additionally Scandinavian Business Seating has sales companies in Sweden, Denmark, Germany, the Netherlands, UK, France, Switzerland and Singapore.

### Scandinavian Business Seating

Upper Tulse Hill Trading Estate 5 Somers Place London SW2 2AL

Tel: + 44 0208 683 9930 E-mail: info@rhchairs.co.uk www.rhchairs.co.uk

www.sbseating.com

### Showroom

63 Central Street Clerkenwell London EC1V 3AF

