


DESIGNED FOR HUMAN PERFORMANCE



 A brand of Scandinavian Business Seating





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A CHAIR REVOLUTION FROM SMÅLAND

It all started in Småland in Sweden with a man who suffered from back problems. Today, RH chairs are sold all over the world.



In 1976 in Småland, a man called Rolf Holstensson was feeling irritated. His working day was mainly sedentary and he was getting more and more back pain. His colleagues complained about the same thing. They suffered from strain injuries and tension in the back, neck and arms. As more and more of them began to work in front of computer screens the problems grew. The main problem with good office chairs was that there weren't any available.

Inventing the RH chair
Rolf Holstensson did not want to just sit on his backside on a poor work chair that only made things worse. Like any good Småland man, he took matters into his own hands and developed an office chair that did something to relieve is back pain. The first RH chair was unveiled. Rolf and his colleagues were

ecstatic. Now they could sit in an upright but relaxed position and move around while they sat. Colleagues stopped complaining and the strain injuries became fewer.

This chair revolutionised our way of sitting. Today, RH has become one of Europe's leading manufacturers of ergonomic office and work chairs.

A chair that improves your well-being
RH is true to Småland's inventor tradition and since 1976 it has developed and launched many innovations. RH chairs have become popular among ergonomists and specialists in Sweden and beyond. Ergonomics and user-friendliness are the starting points for every single function and every detail in any RH chair.





No design without function.



RH wants you to sit well, that is what you do when you sit in a chair that helps you to maintain an upright sitting position and relaxes the muscles in your neck and shoulders. The RH chair has lumbar support and a cushion between the shoulder blades that helps you to sit upright for a longer period.

Rock it baby

Never the less an upright sitting position is not enough in itself. More and more tasks in more and more industries are now resolved at a PC or in front of a machine. We move around a lot less than we used to. RH chairs offer a smart way to sit. They help you to move around while you are sitting. The chairs have a unique tilt mechanism that allows you to rock backwards and forwards. When you sit upright and move at the same time, you breathe better and your blood supply gets more oxygen. This helps with concentration and performance. When all is well with your body, you perform better.

Your personal chair

To work well for you, you must adjust your chair for your body. All of RH's different office, work and meeting room chairs can be adjusted to each human

being's unique anatomy. But the chairs are not just anatomical. They are a designed to aesthetically enhance their surroundings. We work with many of Scandinavia's foremost designers to create chairs that are just as good to look at as they are to sit in. Naturally, RH accepts its environmental responsibilities. The chairs are produced without toxins and can be recycled, right down to the smallest component.

No design without function

RH continues from where it all started, with a bad back and an inventive Swede. Ever since 1977, the human body has been RH's greatest source of inspiration. In a world in which we perform many activities at a desk, RH possesses the right attitude and some vital knowledge to reduce damage from long sitting periods. With the focus on people, we produce chairs that are designed to help you do more and perform better. RH calls it "no design without function".



HONEST DESIGN

Excellent chair design takes care of your body as you sit. For RH, design and ergonomics are two sides of the same coin. We design user-friendly chairs that help you to perform better throughout the working day.



Made in Scandinavia.

RH is true to its roots in Scandinavian Design. From the 1950s onwards, designers in Denmark, Norway and Sweden created simple and functional products with high standards of material use and quality. The style, which was light and Nordic, aroused international attention. The designers of office and work chairs at RH are still working according to this tradition. They do not make compromises and as a result all superfluous design is cut out. What remains is an anatomical and functional chair that takes care of your body as you sit working hour after hour. Even though ergonomics is the most important aspect, RH knows that appearance is very important to everyone. We design chairs that you will want to sit in and that will fit perfectly into modern offices and meeting rooms.

Sustainable design.

RH's design team collaborates with the foremost design agencies in Scandinavia and works closely with them throughout the design process, from concept to finished product. The chair is built with creative technical finesse and long-lasting quality materials. RH's design is sustainable. All stages of development and all components are designed to take care of the environment.

A faithful friend.

RH chairs are designed with love for the people who will sit in them. When you choose an RH chair, it helps you to sit upright, relax and move around.



An RH-chair helps you perform
better throughout the working day.



Five important sustainability principles.

- 1 We reduce the quantity of materials and make chairs that weigh as little as possible.
- 2 We use less material, which helps to reduce transport and packaging.
- 3 We use materials without damaging or toxic substances and preferably recycled components.
- 4 The chairs have a long lifetime. This means less use of resources.
- 5 We follow the cradle-to-cradle principle. The chairs can easily be dismantled by unscrewing them, because no components are glued or moulded together.

At the end of a long and beneficial life, every part can be recycled to form part of a new product.



FROM CRADLE TO CRADLE

If you are concerned about the environment, you can sit in an RH chair with a clear conscience. All parts of the chair can be recycled, right down to the smallest component.

Overconsumption

By 2040, there will be nine billion people living on the planet. Consumption of resources is increasing along with population growth. If we continue at the same pace, by 2040 consumption of resources will be ten times higher than what would be sustainable. RH is concerned about safeguarding the world's resources. We don't just say it, we do it. RH cares about the environment and makes eco-friendly choices at every stage of production.

The chair's footprint.

To demonstrate that RH doesn't just talk about sustainability, but produces chairs that make a difference, we use an independent third party for environmental certification.

The Environmental Product Declaration measures the carbon footprint of RH chairs which are class leading when it comes to reducing their environmental impact.

In order to achieve our high environmental ambitions, we endeavour at all times to meet our five basic principles for sustainability.

A CHAIR BUILT TO LAST

When you choose a chair from RH, you gain a reliable tool that can be used for many years to come. We set high standards for quality in everything we do. The result is chairs that last a long time.

10-year guarantee.

RH offers work and office chairs of a quality that exceeds your expectations. There is quality in everything we do, from materials and fabrics to ergonomics and design. An RH chair is built to take a lot of use. Before it even leaves the factory, it has been through a comprehensive test and control programme, both internally and externally.

The chairs have a 10-year guarantee, but on average they last for more than 16. The chairs are tested and approved in accordance with all relevant standards and norms.

A chair that hasn't travelled far. Quality is linked to production. RH chairs are produced at the factory in Nässjö in Sweden. Skilful and proud workers, with their roots in Småland's craft tradition and an ancestry that

goes back to Scandinavian Design, safeguard the quality at every stage. The chairs are assembled from regionally-sourced parts, almost all from Sweden, Norway or Denmark. Skilled hands in the factory ensure that you will have a chair that you can use for at least ten years.

Good service.

RH's business model is built on quality through and through. That means professional service and contact people you can always trust.



A CHAIR DESIGNED TO CREATE MOVEMENT

Nature never intended us to sit sedentary in an office chair. We are designed for movement. The RH chair has been designed to encourage movement and to help you to sit as upright as possible.

Sitting and breathing well.

The best way to sit is if you can maintain a natural S curve in your back. But RH knows that most of us have a tendency to hunch over the keyboard. It is more difficult to do this in an RH chair.

RH chairs have lumbar support which means that you stretch upwards when you sit. There is also a cushion that presses a little between the shoulder blades and helps you to automatically sit straight up without having to think about it.

The chair also relaxes the muscles of your neck and shoulders. When you sit in an upright position, you breathe better and your blood is supplied with more oxygen. This helps with overall concentration and performance. When all is well with your body, you will perform better.

Move around.

Sitting is a passive activity. If you choose an RH chair, it doesn't take much to keep you moving. The chair follows your smallest movements, giving the correct support in relation to your height and weight in order to relieve pressure points. If you stretch out your arm to pick up the telephone, the chair will follow and you move backwards. The RH chair reduces inactivity and the negative consequences of the seated position. The more you move around, the longer you can sit without causing damage to your health.

In other words, our view of ergonomics is not entirely unlike nature's. This has helped us to become one of Europe's leading manufacturers of ergonomic office and work chairs.



When all is well with your
body you will perform better.



-RH chairs offer support and relaxation while allowing you to keep moving around easily.

NO DESIGN WITHOUT FUNCTION

Meet Erlend Weinholdt, physiotherapist and Lead Ergonomist
at Scandinavian Business Seating

What is unique about RH chairs?

– RH wants to give people who are sitting the absolute best chair available to them. We have spent a lot of time finding out what is best and have discovered that we had to create chairs that encourage people to sit as upright as possible and to move around. The chairs also relax the muscles of the neck and shoulders and make sitting less tiring.

– Ergonomics and user-friendliness are the starting points for every single function and every detail in the chair. We call it “no design without function”.

Are there many secrets in the design?

– Right at the top is a cushion that puts slight pressure between the shoulder blades and means that you sit with your upper back even more upright. This helps you to breathe better. Imagine a ballet dancer who is working on her posture. If she is pushed on her back she automatically straightens up.

Chalmers University in Sweden has been researching your chairs. What emerged from their study?

– In this survey, a group of office workers used RH chairs for five weeks. The feedback from 70 per cent of participants was that the RH chairs had a positive effect on their whole work situation. Among other things, they noticed fewer neck and shoulder problems.

How has the development of working life affected our sitting pattern?

– More and more tasks in more and more industries are now resolved at a PC or in front of a machine. We move around less than we used to. The requirements for an office chair are therefore greater than ever. An office chair also works better when the employees are in motion. We should spend more time standing, walking and moving around.

– The main focus at RH is to create ergonomic chairs that are the very best at providing a good sitting position. If you sit upright and move around, you will be taking better care of your body.

You believe that we should sit and move around. Why?

– You could say that these chairs make a contribution to the war against static sitting. RH chairs are a smart way to sit. The chairs have a tilt mechanism that means you can rock backwards and forwards. Any kind of movement when you are sitting is good. Movement provides good working techniques, improves performance and gives the user more energy.

How should we use these chairs?

– When we sit in a car, the first thing we do is adjust the seat and mirror. We must learn to adjust our work chairs correctly too. The correct adjustment offers a good balance between sup-

port and relaxation. If you adjust the tilt mechanism to suit your body, you can rock backwards and forwards in full safety and stability.

– We want to teach people to be smart in how they use their bodies. A lot of this is to do with bodily posture. The RH chair is an excellent tool for giving a good, natural posture in the sitting position without your even having to think about it. Who wouldn't want to sit well and look healthy in the office?

How do you work with the designers?

– We collaborate with the foremost design agencies in Scandinavia and use designers throughout the process, from concept and product development to choice of solution and right through to testing, improvement and final product.

– Having ergonomics at centre of design is unique to RH. Design and appearance are important, but we never compromise on ergonomics. Ergonomics carries the most weight.

As a company buyer, why should I choose RH chairs?

– This is a fantastic tool that gives your employees the optimum working position, tailored to the individual. Based on the research, I would claim that RH chairs give the best individual seating solutions on the market: something that increases your employees productivity levels and job satisfaction.

DESIGNED FOR HUMAN PERFORMANCE

PERFORMANCE

The RH chair effected the complete working situation positively:

70% _____

Improved working technique:

75% _____

HEALTH

Decreased physical strain in the neck and shoulders after a few weeks of work in the chair:

50% _____

Decreased load in the lower back:

33% _____

*The results from the full research study can be found in:
Osvalder, A-L., Hedin, S. & Colmsjö, A. (2013). Evaluation
of RH Logic 400 office chair. Influence on comfort,
physical loads and performance during computer work .
Research series from Chalmers University of Technology,
Department of Product and Production Development,
Division Design & Human Factors, Report no.78.
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Both health and performance improve when RH Logic 400 is used during computer work compared to other office chairs. This is demonstrated in a comprehensive research study conducted in Sweden by Chalmers University of Technology and Ergonomhuset in Gothenburg, together with Stockholm University.*

In total 48 full-time employed office computer workers in two companies in Gothenburg participated in the study. Over a five week period, they changed their existing premium-brand office chair to the RH Logic 400. Additionally 36 people participated as a control group using their existing office chair. www.rhchairs.co.uk





RH LOGIC 400/300

You deserve a chair that is right for your body. With RH Logic, you can choose a high or low back and a number of other design features. The result is a comfortable chair that helps you to perform better throughout the working day. RH Logic is also available as a 24/7 and ESD friendly chair.



Functionality

THE ANGLE OF THE BACKREST
can be adjusted separately, enhancing individual comfort and support.

THE LUMBAR
provides extra support for the lower back and, consequently, for the entire back. The pump adjusts the amount of air in a lumbar cushion, providing extra support.

SEAT HEIGHT AND DEPTH
can be adjusted quickly and simply. The controls can be accessed when seated and are marked with pictograms to make them easy to understand. The correct seat height & angle improves blood flow and provides better support.

THE TILT MECHANISM
is infinitely adjustable, with a smooth action that can be locked in any chosen position. Dynamic seating means the chair follows your every movement regardless of working position providing complete support, enabling you to always sit correctly and breathe properly.

CASTORS
for both hard and soft floors are available.

BASE
there are three base designs available. Grey, black or polished aluminium

THE NECKREST
can be adjusted by height and depth, providing support for the neck and comfort for the rest of the body.

THE BACKREST
has a generous adjustable lumbar support, providing comfort for the entire back. The height of the backrest is easily adjusted while sitting and its tapered design and "Tvedts" cushion allow your upper body to move freely.

ARMRESTS
are optional but are recommended since they provide relief for the shoulders. Two armrest variants are available. Both can be adjusted by height and width, while one can also be adjusted by depth and the other can be rotated 360 degrees.

THE SEAT
includes a layer of wool, providing improved ventilation and making it cooler than conventional pads. The waterfall edge reduces pressure on the underside of the thighs, enhancing circulation. Choose between two different seat sizes. The depth of the seat can be adjusted separately. Both the seat and backrest pads are easily exchanged. Should they become worn or stained or you want to change them for any other reason, you don't need to replace the entire chair, which is not only cost effective and practical but also great for the environment.

THE RESISTANCE
of the tilt mechanism is simply adjusted according to body weight and height. This allows the chair to follow your movements without the need to exert muscular force to push the chair into new positions.





RH LOGIC 300



RH LOGIC 300 COMFORT



RH LOGIC 400



RH LOGIC 400 ELEGANCE

CHAIR MODEL	RH LOGIC 300	RH LOGIC 400
Seat depth with seat slide	400-460 mm	400-460 mm
Seat depth	475 mm	475 mm
Seat width	465 mm	465 mm
Seat height - standard gas stem	410-530 mm	410-530 mm
Seat angle adjustment	+7°-14°	+7°-14°
Height of lumbar support above the seat	160-235 mm	195-270 mm
Backrest height	510 mm	620 mm
Backrest height adjustment (from seat)	545-620 mm	650-725 mm
Backrest width	440 mm	440 mm
Back angle adjustment	17°	17°
Height of armrest above seat	215-295 mm	215-295 mm
Distance between armrests	375-505 mm	375-505 mm
Diameter of base	660 mm	660 mm

OPTIONS

- 1 Neckrest
- 2 Coat-hanger
- 3 Armrest 8E, depth, grey or black
- 4 Armrest 8S, rotating, grey or black
- 5 Armrest 8E black/ESD, depth
- 6 Exchangeable pads

- 7 Extra large seat
- 8 Decorative stitching
- 9 Castors for hard floors
- 10 Base 5X, polished aluminium
- 11 Base 5X, black lacquered aluminium
- 12 Base 5X, grey lacquered aluminium

GAS STEMS

- 4Q, standard, approx. 410-530 mm
 4Q, black, approx. 410-530 mm
 B, approx. 480-610 mm

For other options see the RH Price List.

The design and specifications of RH Chairs' products are developed on an ongoing basis and the above formulations should not be perceived as completely final.





RH MERE0

Uncompromising ergonomics combined with innovation and design. RH Mereo helps you to achieve an active sitting position, better concentration and better performance. RH Mereo is perfect for workplaces where several people use the same chair.



Functionality

NECKREST

Slim and functional neckrest.
Easy to adjust.

BACKREST

The Tvedt cushion between the shoulder blades stimulates an open posture, increasing oxygenation of the body.

BACKREST SHAPE

Tall and narrow. A distinct and curved back with great lumbar support. The soft curve supports the whole back in an upright posture, giving arms and shoulders freedom to move.

CONTROLS

User friendly, intuitive controls strategically placed in order to easily adjust the chair for each individual. Easy to individually adjust the chair.

SEATING MECHANISM

Frictionless forward and backward motion.

FOOTBASE

Raised base and curved arms to keep feet firmly on the floor.

FUTURE GENERATION

Efficient use of materials, durable, long lifetime, EPD and Greenguard certified.

ARMREST

Supports neck and shoulders. Easy to retro fit armrests.

SEAT SHAPE

Waterfall seat reduces pressure on the thighs and minimises knee movement when tilting. Rear edge is raised to orientate the pelvis in the correct position.





RH MERO 200 SILVER



RH MERO 200 BLACK



RH MERO 220 BLACK



RH MERO 220 SILVER

CHAIR MODEL	RH MERO 200	RH MERO 220
Seat depth with seat slide	350-525	350-525 mm
Seat depth	466 mm	466 mm
Seat width	425 mm	425 mm
Seat height - standard gas stem	388-520 mm	388-520 mm
Seat angle adjustment	+4°-18°	+4°-18°
Height of lumbar support above the seat	160-235 mm	163-236 mm
Backrest height	478 mm	632 mm
Backrest height adjustment (from seat)	417-495 mm	570-648 mm
Backrest width	452 mm	474 mm
Back angle adjustment	19°	19°
Height of armrest above seat	183-297 mm	183-297 mm
Distance between armrests	309-510 mm	309-510 mm
Diameter of base	660 mm	660 mm

OPTIONS

- 1 Armrest 8T (height and width.), grey or black
- 2 Base ST, polished aluminium
- 3 Base ST, black black lacquered aluminium
- 4 Coat Hook Black
- 5 Coat Hook Silver

- 6 Coat Hanger, Black
- 7 Coat Hanger, Silver
- 8 Castors for hard floors

GAS STEMS

- 4T NPR silver or black approx. 410-550 mm
- B silver or black approx. 480-610 mm
- A silver or black approx. 495-620 mm

For other options see the RH Price List.

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RH EXTEND

This elegant chair is as user-friendly as it is ergonomic. RH Extend is designed to give your body the best possible support and relaxation, while at the same time encouraging you to move around. RH Extend is easily adjustable to give everyone a unique working position. All RH Extend chairs are also available in ESD editions.



Functionality



THE NECKREST
can be adjusted by height and depth, providing comfort and support.

THE ROBUST BACKREST
is available in two sizes and is equipped with a "Tvedts" cushion, providing superb support for the whole upper body. The shape of the backrest encourages movement. The height is adjusted with the simple push of a button.

ARMRESTS
two armrest variants are available. Both can be adjusted by height and width, one can also be adjusted by depth while the other can be rotated 360 degrees.

THE CONTROLS
for the height and depth of the seat, as well as for the angle of the backrest (RH Extend 220/200) are all conveniently located on the right-hand side of the chair. The height improves blood flow in the legs while the seat depth provides greater comfort and support. Pictograms make controls easy to understand.

THE SEAT
provides excellent support and has a waterfall edge to reduce pressure on the underside of the thighs, aiding circulation. It is also designed to keep you positioned in the middle of the seat, even when it is inclined forward. Choose between two seat sizes.

THE TILT MECHANISM
is infinitely adjustable, with a smooth action that can be locked in any chosen position. Dynamic seating means the chair follows your every movement regardless of working position providing complete support, enabling you to always sit correctly and breathe properly.

THE RESISTANCE
of the tilt mechanism is simply adjusted according to body weight and height. This allows the chair to follow your movements without the need to exert muscular force to push the chair into new positions. The control is located beneath the seat.

CASTORS
for both soft and hard floors are available.

THE BASE
there are three base designs available. Grey, black or polished aluminium.



RH EXTEND 100



RH EXTEND 200



RH EXTEND 120



RH EXTEND 220

CHAIR MODEL	RH EXTEND 100	RH EXTEND 200	RH EXTEND 120	RH EXTEND 220
Seat depth with seat slide	430-490 mm	400-460 mm	430-490 mm	400-460 mm
Seat depth	470 mm	470 mm	470 mm	470 mm
Seat width	460 mm	460 mm	460 mm	460 mm
Seat Height - standard gas stem	400-510 mm	400-510 mm	400-510 mm	400-510 mm
Seat angle adjustment	+5°-8°	+5°-8°	+5°-8°	+5°-8°
Height of lumbar support above the seat	180-255 mm	180-255 mm	170-245 mm	170-245 mm
Backrest height	510 mm	510 mm	620 mm	620 mm
Backrest height adjustment (from seat)	545-620 mm	545-620 mm	650-725 mm	650-725 mm
Backrest width	440 mm	440 mm	440 mm	440 mm
Back angle adjustment	20°	15°	20°	15°
Height of armrest above seat	215-295 mm	215-295 mm	215-295 mm	215-295 mm
Distance between armrests	385-505 mm	385-505 mm	385-505 mm	385-505 mm
Diameter of base	660 mm	660 mm	660 mm	660 mm

OPTIONS

- 1 Neckrest
- 2 Coat-hanger
- 3 Exchangeable pad
- 4 Decorative stitching
- 5 Extra-large seat
- 6 Armrest 8E (height, depth, width)

GAS STEMS

- 7 Armrest 8S (height, width, rotating)
- 8 Armrest 8E Black/ESD, depth-adjustable
- 9 Castors for hard floors
- 10 Base 5X polished aluminium
- 11 Base 5X black lacquered aluminium
- 12 Base 5X grey lacquered aluminium

- 4Q, standard, approx. 400-510 mm
- 4Q, black, approx. 400-510 mm
- 4P, standard, approx. 440-550 mm
- 4P, black, approx. 440-510 mm

For other options see the RH Price List.

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RH ACTIV

If you are looking for a standard chair that can be adapted to suit different people in different office environments, RH Activ is a natural choice. RH Activ is easy to use and stimulates your core muscles during the working day. RH Activ is also available in ESD and cleanroom editions.



Functionality



THE BACKREST

is available in two sizes. The tapered design provides freedom of movement for the user's arms, while the lumbar support provides optimum comfort for the user's back all day.

THE HEIGHT OF THE BACKREST

can be adjusted with a simple push of a button.

ARMRESTS

are optional but are recommended since they provide relief for the arms and shoulders. Two armrest variants are available. Both can be adjusted by height and width, one can also be adjusted by depth while the other can be rotated 360°.

THE LEVERS

Controls for the seat height, seat depth and the Activ movement are all located within easy reach on your right hand side.

THE SEAT

is made of moulded foam, which shapes itself to the body. The waterfall edge of the seat reduces pressure on the underside of the thighs, facilitating good circulation. The seat height is easily adjusted using the control lever on the right. As an option, the RH Activ 200 and 220 models can be equipped with a pad that is 30 mm thicker, which makes it particularly suitable at retail counters, for example.

CASTORS

for both hard and soft floors are available. The chair can also be ordered with glides.

BASES

are available in two finishes in addition to the standard black aluminium. Choose between grey or polished aluminium.



RH ACTIV 200



RH ACTIV 202



RH ACTIV 220



RH ACTIV 222

CHAIR MODEL	ACTIV 200	ACTIV 202	ACTIV 220	ACTIV 222
Seat depth with seat slide	390-445 mm	420-475 mm	390-445 mm	420-475 mm
Seat depth	430 mm	460 mm	430 mm	460 mm
Seat width	440 mm	460 mm	440 mm	460 mm
Seat Height - standard gas stem	397-527 mm	397-527 mm	397-527 mm	397-527 mm
Seat angle adjustment	+6°-7°	+6°-7°	+6°-7°	+6°-7°
Height of lumbar support above the seat	170-253 mm	170-253 mm	170-253 mm	170-253 mm
Backrest height	295 mm	295 mm	430 mm	430 mm
Backrest width	370 mm	370 mm	370 mm	370 mm
Back angle adjustment	23°	23°	23°	23°
Height of armrest above seat	215-295 mm	215-295 mm	215-295 mm	215-295 mm
Distance between armrests	393-495 mm	393-495 mm	393-495 mm	393-495 mm
Diameter of base	590 mm	590 mm	590 mm	590 mm

OPTIONS

- 1 Exchangeable pad
- 2 Reinforced front edge on backrest and seat
- 3 Armrest 8E, grey or black (height, depth, width)
- 4 Armrest 8S, grey or black (height, width, rotating)
- 5 Base 5N chrome-plated steel
- 6 Base 5F polished aluminium
- 7 Base 5F, black lacquered aluminium

- 8 Base 5F, grey lacquered aluminium
- 9 Footring 6F
- 10 Footrest 6C
- 11 Glide 7K
- 12 Castors 7G lock automatically under load
- 13 Castors 7H for hard floors

GAS STEMS

- E, approx. 605-855 mm*
- D, approx. 515-855 mm
- A, approx. 442-578 mm
- B, approx. 397-527 mm
- 4 FL, approx. 375-465 mm
- * see our price list for different combinations.

For other options see the RH Price List.

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RH SUPPORT

A series of work chairs designed for people who work in non-standard ways. Stay supported working at different heights or even “back to front”.

RH Support is available in various models so that you can customise your chair for your own needs

RH Support is also available as an ESD chair.



Functionality



THE BACK PAD

provides excellent support for the lower back and is adjustable in height.

THE SEAT AND BACKREST

The chair provides infinitely adjustable seat and back angles. This is an advantage if you want to change settings quickly. The controls are conveniently located on the right. The correct angle is important in ensuring optimum comfort.

THE SEAT

Choose between different seat designs depending on needs and individual preference.

THE HEIGHT

of the chair is determined by the gas stem chosen. To adapt the chair easily for different users and working environments, there are five different stems to choose from.

CASTORS

are available in different designs, including types suitable for hard or soft floors. The chair can also be equipped with glides rather than castors.

BASES

are available in different designs: black, grey or polished aluminium. A footring is also available as an option.



RH SUPPORT SADEL



RH SUPPORT TABURETT



RH SUPPORT LIMPAN



RH SUPPORT ALTERNATIV

CHAIR MODEL	RH SUPPORT SADEL	RH SUPPORT TABURETT	RH SUPPORT LIMPAN	RH SUPPORT ALTERNATIV
Seat depth	380 mm	-	240 mm	380 mm
Seat width	410 mm	Ø 350 mm	450 mm	350 mm
Overall height standard	565-810 mm	580-825 mm	565-810 mm	580-825 mm
Backrest height	230 mm	230 mm	230 mm	260 mm
Backrest width	380 mm	380 mm	380 mm	220 mm
Diameter of base	590 mm	590 mm	590 mm	590 mm

OPTIONS

- 1 Footring 6F
- 2 Base 5N, chrome-plated steel
- 3 Base 5F, grey lacquered aluminium
- 4 Base 5F, polished aluminium
- 5 Base 5F, black lacquered aluminium
- 6 Base 5G, grey lacquered aluminium
- 7 Base 5G, black lacquered aluminium

- 8 Glides, 7K
- 9 Castors 7D, for soft floors – for base 5N
- 10 Castors 7HN, for hard floors – for base 5N
- 11 Castors 7G, lock automatically under load
- 12 Castors for soft floors
- 13 Castors for hard floors

GAS STEMS

Standard (E), approx. 565-810 mm*

D, approx. 485-665 mm*

A, approx. 415-545 mm*

B, approx. 375-510 mm*

4FL, approx. 345-430 mm*

* = Dimensions are for the RH Support 4501 model.

See our price list for dimensions of other models.

For other options see the RH Price List.

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RH VISIT, RH SESSION AND RH LOUNGE

The ability to concentrate is important for getting the most out of meetings and conferences. If you choose RH Lounge, RH Session or RH Visit, you sit comfortably and will have the energy to listen attentively, take notes and be active. Meetings become more meaningful and inspiring.





RH Lounge.

Designed for relaxing moments and informal meetings. Choose RH Lounge for a spacious chair with soft cushions. When you are well seated, your thoughts can run free. RH Lounge is a perfect match for elegant reception areas, meeting rooms and hotel lobbies.



RH Session

This is the chair that makes meetings more comfortable. The chair's rocking function permits a varied and moveable seating position. RH Session provides a contemporary and elegant design for any meeting room or conference hall.



RH Visit

Choose a chair for meetings and conferences that allows natural movements of the body. The seats and flexibility in the back create a comfortable experience while helping you to maintain an upright sitting position keeping you more alert. RH Visit makes long meetings seem shorter.



RH LOUNGE



RH SESSION



RH VISIT

CHAIR MODEL	SEAT WIDTH	SEAT HEIGHT	TOTAL DEPTH	TOTAL HEIGHT	TOTAL WIDTH
RH Visit					
RH Visit 5410	445 mm	450 mm	540 mm	914 mm	-
RH Visit 5411	445 mm	450 mm	540 mm	914 mm	-
RH Visit 5415	445 mm	450 mm	540 mm	914 mm	566 mm
RH Visit 5416	445 mm	450 mm	540 mm	914 mm	566 mm
RH Visit 5420	445 mm	450 mm	540 mm	914 mm	-
RH Visit 5425	445 mm	450 mm	540 mm	914 mm	566 mm
RH Session					
RH Session 5430	465 mm	400-510 mm	570 mm	910-1020 mm	560 mm
RH Session 5431	465 mm	430-540 mm	570 mm	940-1050 mm	560 mm
RH Session 5435	465 mm	400-510 mm	570 mm	910-1020 mm	640 mm
RH Session 5436	465 mm	400-510 mm	570 mm	940-1050 mm	640 mm
RH Lounge					
RH Lounge 5440	640 mm	365 mm	710 mm	790 mm	-
RH Lounge 5445	640 mm	365 mm	710 mm	790 mm	785 mm



DESIGNED FOR HUMAN PERFORMANCE

Environment

Environmental considerations are at the heart of our business. All RH chairs are made from materials that can be recycled. A complete list of recyclable materials used for each chair model and our environmental brochure are available on request.

	RH Activ	RH Mereo	RH Extend	RH Logic	RH Support
EN 1335	◆	◆	◆	◆	
IEC 61340 (ESD)	◆		◆	◆	◆
BS 5459	◆		◆	◆	
NPR 1813		◆			
ANSI/BIFMA		◆			
Möbelfakta	◆	◆	◆	◆	
EPD, ISO 14025	◆	*	◆	◆	
Nordic Swan Label				◆	
GREENGUARD	◆	◆	◆	◆	◆

Warranty

Scandinavian Business Seating provides a 10 year warranty for all RH Chairs that are in normal use for up to 9 hours per day (covers chairs delivered after 01.02.2010) For chairs that are in normal use for more than 9 hours per day we provide a 5 year warranty.

Scandinavian Business Seating provides a 5 year warranty for ESD, ESD Cleanroom and Cleanroom finished chairs, conditional on casters and treads being cleaned regularly with a suitable cleaning agent.

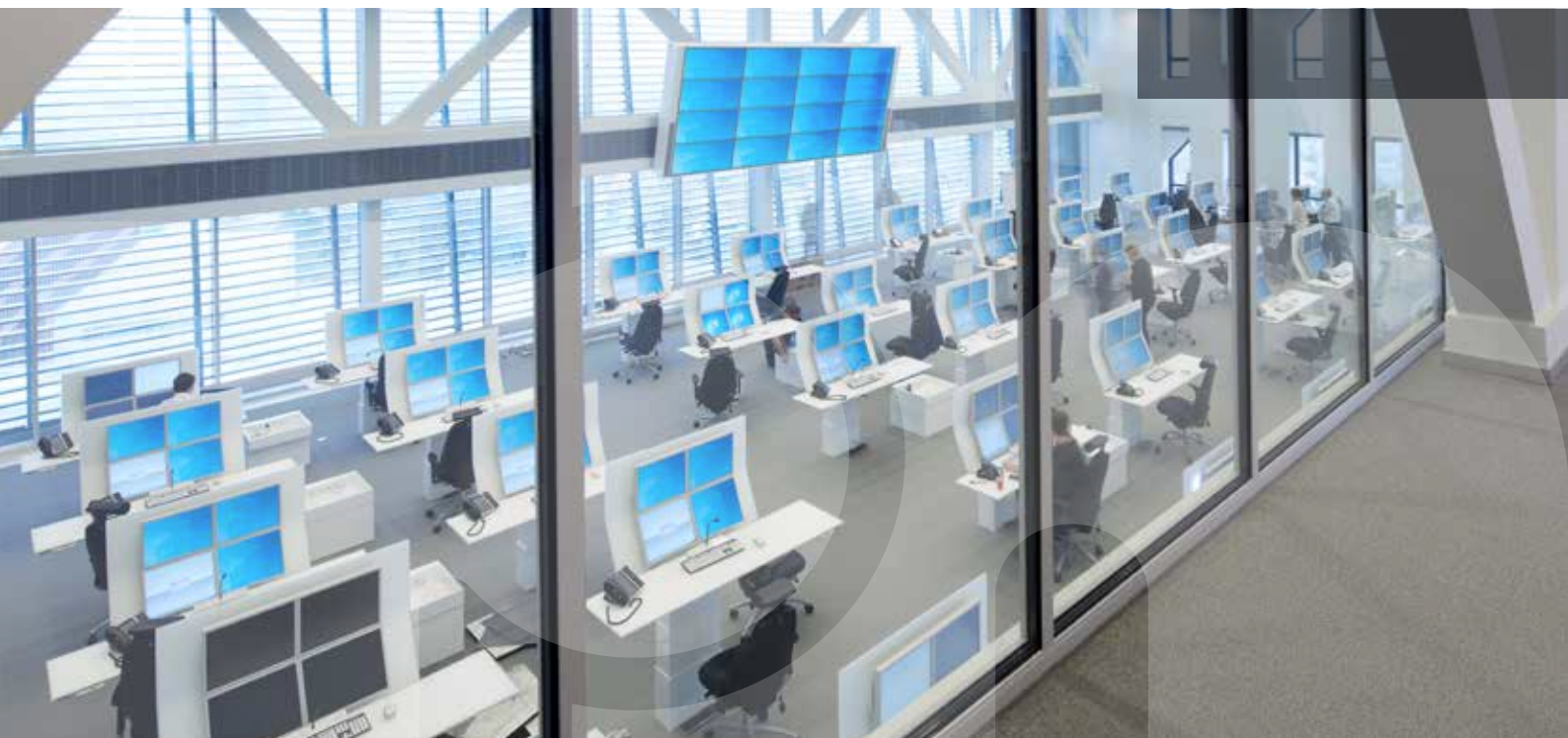
Scandinavian Business Seating provides a 5 year warranty for RH chairs that are specifically purchased for 24 hour use and which are upholstered in 24/7 approved fabrics/leather from SB Seating's Standard Fabric programme. Please also see the general warranty terms and conditions.

Please also see the general warranty terms and conditions in the RH Price List

* Will be ready first quarter of 2015.







Interior photos:
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Police Headquarter, The Hague,
 the Netherlands, RH Logic 24/7





Scandinavian Business Seating, owns the brands HÅG, RH and RBM and is a Scandinavian market leader in the design and manufacturing of seating for private and public office environments. Together all employees strive to realise the company's vision – To make the world a better place to sit.

Scandinavian Business Seating has its head office in Oslo and production units in Røros, Norway and Nässjö, Sweden. Additionally the company has sales companies in Denmark, Sweden, Germany, the Netherlands, UK, France, Switzerland, Singapore, China, Hong Kong, Australia and New Zealand.

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